

EAGLES WING

Guernsey County Board of MR/DD

Winter 2007-2008

Mission gets a Makeover

The Guernsey County Board of MR/DD approved and unveiled a new mission statement at the September Board Meeting. The Mission reads:

ENSURE quality services that
ENHANCE the lives of individuals through
EFFECTIVE use of available resources.

Adult Programs enter the Gingerbread Contest...by Vivienne Barrows

Cambridge Developmental Center and Guernsey Industries (Guernsey County Board of MR/DD) are working jointly on entries for the Cambridge Main Street Gingerbread House contest sponsored by Cambridge Classic Ford. Craft groups met weekly to learn cake decorating skills, prepare the houses and scenery, and contribute creative ideas under the direction of Bruce Ryan, culinary consultant from Cambridge Developmental Center. Project contributors include: Linda Atchison, Robbie Booth, Tim Campbell, Bernie Catlett, Arthur C., Angela C., Diane C., Jerry F., Lisa G., Ben H., Diane H., Tonia K., Donna K., Bobby M., Jenny M., Patti P., Caroline P., Ron R., Jenny R., Ralph W., Alyce W., Bruce R., Jeff R., Donna M., Marie D., Cheryl H., Susan M., Susie M., and Vivienne B. The activity was enjoyed by all participants. Several individuals have expressed an interest in more cake decorating activities, and even a vocational interest in cake decorating! We are planning more activities of this type to take place after the Holidays, perhaps a valentine cup-cake project for the Craft Group.



Guernsey Industries Update by Ken Harper, Adult Services Director

Guernsey Industries and the entire Adult Services program are getting adjusted to the new "Day Array" of services. Apart from the financial accountability of the new transition, the Adult Services program is making efforts to implement a new array of services of their own.

Throughout the past few months, some of the options that have been available have included aquatics development program, monthly themes of community awareness and cultural diversity activities, art classes, and bell choir opportunities, as well as, typical work opportunities that are available within the workshop.

In addition, the Cambridge High School football team/boosters, and the Kiwanis Club of Cambridge, have brought a fun time of outdoor games, cookouts, and interaction with many individuals in our program.

As part of the new array of services, the Adult Program is in the process of developing an activity area with the intentions of providing computer opportunities, exercise equipment, table games, and a "sensory" room designed for those who may need to relax or just get away from the "busy-ness" of the daily routine of work and other surrounding areas.



Program Closings

- Winter Break—12-24-07 to 1-1-08
- Martin Luther King Day— 1-21-08
- President's Day—2-18-08

Activity Dates:

- 12-11 Adult Christmas Party 11:00am at Eagles Club
- 12-13 Children's Christmas program at school 10:00am
- 12-13 Guernsey Industries Board meeting noon at the Holiday Inn
- 12-13 EI/HMG Christmas Party 5-7pm
- 1-2 School and workshop resumes following winter break.
- 1-24 GCBMRDD Board meeting 6:30pm at Golden Rule Building Organizational meeting
- 2-14 Guernsey Industries Board meeting noon at the Holiday Inn
- 2-28 GCBMRDD Board meeting 6:30pm at Golden Rule Building





Early Intervention and Help Me Grow Visit the Pumpkin Patch...by Cathy Williams

Help Me Grow and MRDD Early Intervention recently held Family Fun Night at the Pumpkin Patch. The weather was perfect as the children and families listened to a presentation about animals that live in the forest. Many got to go on a hay ride for the very first time. Joe helped the little ones pick out a pumpkin from the pumpkin patch and the children got to play a pumpkin game. A campfire was prepared and all enjoyed sitting around the campfire roasting hotdogs and making smores over the fire.



Another Successful "Fall Into Fun" Event ...by Cathy Williams

The Guernsey County Early Childhood Coordinating Committee recently sponsored their annual Community Child Find/Outreach event at the Cambridge YMCA with over 300 people attending. Children dressed in their costumes entered the gymnasium filled with exciting activities for them to try. Activities included a puppet show, the Bounce House, a photograph in front of a fall backdrop, and hunting for a pumpkin in a pumpkin patch. Other activities included a sensory maze, painting a pumpkin, and lunch. Some of the Community agencies participating included Guernsey County MRDD, Help Me Grow, Bright Beginnings, Health Department, Children's Services, Thompkins Child and Adolescent Center, and Head Start.



..Getting ready to enter



..through the Sensory Maze



..The Pumpkin patch



...Our Staff

Golden Rule School Students Go Down on The Farm...by Cathy Williams

Students from the Golden Rule School recently took a field trip to the McDonald's Farm. They heard all about what it's like to live and work on a farm. Students also got to pick a pumpkin from the pumpkin patch and get their photographs taken. Going through the corn maze was exciting and spooky. Everything was fun but the most fun was the petting zoo. Students got to pet donkeys, pigs, rabbits and other animals.





Nonviolent Crisis Intervention Training at the Guernsey County Board of MRDD...by Bonita Tainter

The Guernsey County Board of MRDD has adopted a nonviolent crisis intervention-training program from the Crisis Prevention Institute (CPI) foundation program. *Nonviolent Crisis Intervention* training was developed during the 1970s by the company's co-founder, whose human service experience and background in kinesics, physiology, and communication contributed to the development of an innovative, holistic system for defusing escalating behavior and safely managing physically aggressive behavior. This combination, understanding effective communication and human physiology during aggressive moments, along with the core philosophy of maintaining **care, welfare, safety and security**, provided a balance in behavior management that was unique at that time, and that was quickly adapted and successfully applied in a vast array of human service fields.

For 25 years, the Crisis Prevention Institute has supported professionals who work with challenging or potentially violent individuals by providing a relevant, practical behavior management-training program. To date, more than 5 million human service professionals worldwide have participated in the *Nonviolent Crisis Intervention* training program to learn how to resolve conflict at the earliest possible stage. The innovative program—considered by many to be the international standard for crisis intervention and violence prevention training—is conducted in the United States (including Puerto Rico), Canada, United Kingdom, Ireland, Australia, New Zealand, Spain and Japan.

To date, the Board's three certified trainers have trained 83 county board staff members and 40 local Residential providers.



Pneumonia Health & Safety Alert

Pneumonia is the second leading cause of death and unplanned hospitalizations. It is an inflammation of the lung tissue and can be caused by infection or aspiration.

The purpose of this alert is to identify factors and conditions that may increase the risk, signs and symptoms that would indicate the need to contact a physician, and ways to help prevent pneumonia.

Factors and conditions that may increase the risk of contracting pneumonia include; age (elderly and young), smoking, recent illness (upper respiratory infection, influenza, viral illnesses), chronic lung conditions (asthma, emphysema, cystic fibrosis, chronic bronchitis), aspiration (secondary to difficulty swallowing, gastro esophageal reflux disease, tube feeding, seizure disorder, cerebral palsy, suppressed or absent cough or sneeze reflex), immune system that is altered or weakened, hospitalization, sedentary lifestyle, or an intravenous drug user.

Signs and symptoms of pneumonia that indicate the need to see a physician include; sudden onset of cough productive of discolored phlegm (bloody or containing pus colored yellow, green or brown/rust), shaking chill(s) and/or high fever (usually greater than 102.5degrees), chest pain, especially sharp pain under the ribs, pulse (heart) rate increase, respiratory (breathing) rate increase, breathlessness or atypical agitation, restlessness, mental confusion, abdominal pain, blueness to skin, lips, or nails, worsening cough (a dry cough that becomes wet, productive of phlegm), elderly with minor cough for more than a few days, and symptoms of an upper respiratory infection that do not resolve or steadily worsen.

Ways to prevent pneumonia include; vaccinations (influenza vaccinations, pneumococcal vaccine. Individuals should discuss with their physician if the influenza and pneumococcal vaccine is appropriate for them), exercise (active or passive exercise for those with limited mobility), positioning (elevation of head and trunk, during and for at least 30 minutes after eating), swallowing evaluation if signs of possible swallowing problems), stop smoking, proper diet, always use universal precautions to avoid carrying bacteria and viruses from sick to healthy people, and **ALWAYS** wash hands thoroughly and frequently.





Basketball Information for 2007-2008 Season

...by Vivienne Barrows

Special Olympics

Basketball Information for 2007-2008 Season

The Screening Committee, consisting of Phil Hayes, John Voorhies, Vivienne Barrows, Ken Harper, Erin Dunigan, and Chris Beebe met on Tuesday, November 13 to assign those who have signed up for basketball to League or Individual Skills. Players *may* be moved from one group to the other by the Coach, until the date that the rosters are due in Columbus for State Competition. The League team roster is due in Columbus by January 15. The Individual Skills roster is due in Columbus on March 12. **Players may not compete in both events (league/individual skills).**

All practices are "closed", which means that there are no spectators for practices, including parents or providers arriving early to pick up athletes. There is a waiting area in the hallway.

All participants will need a current Application for Participation (Physical and Release) and County Board Med Form on file. If you do not have one on file, or if yours is going to expire soon, you will receive the needed forms on the first day of practice. Caregivers and parents, please be sure to ask for these items when you pick up your athlete.

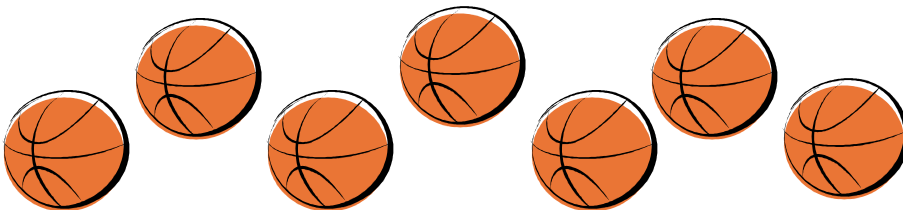
Individual Skills: events are dribbling, passing to a target, and shooting. We will practice these skills, and scrimmage during practice. Clinic and scrimmage games are optional.

Scheduled league team games are:

- * December (to be announced) John Glenn High School exhibition game
- * December 3 Harrison **Home** 4:30
- * December 13 Holmes Away 6:00
- * January 8 Belmont **Home** 5:30
- * January 16 Tuscarawas **Home** 5:30
- * January 23 Monroe Away 6:00
- * January 12 Multi-team event Tournament/Screening Clinic St. Benedict gym 9:00 AM
- * March 1, 2 Area 9 Tournament Dover Away
- * March 8, 9 Area 9 Finals if we qualify Dover Away

Scheduled Individual skills competitions are:

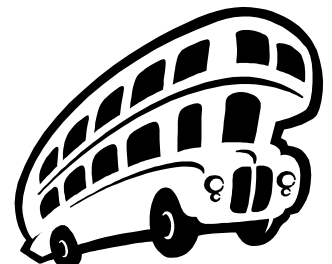
- * January 12 Multi-team event Tournament/Screening Clinic St. B gym 9:00 AM
- * February 9 and/or 16 - Area 6 competition
- * March 28 and 29 - State competition
- * Scrimmage Games to be announced



Bowling

As Bowling is our most popular program, we have extended the season. Bowling practices will begin when we return from Christmas Break. Practices are on Thursdays from 3:00- 4:15 PM. Transportation is provided from Guernsey Industries to the Bowling alley, but you will need a ride home from the Bowling alley. **Caregivers, be sure to come in and sign your athlete out when you come to pick them up.** Each athlete is to bring an envelope marked with the *athlete's name* and \$5.00 inside on bowling day.

SEAT Bus: Bowling and Basketball practices are scheduled within the SEAT Bus hours of operation. Please let Coach and Recreation Coordinator, Vivienne Barrows, 439-5017 (extension 47) assist you with bus route and "curb to curb" service, if you need it, to get home after practice. Please get a form at the workshop office if you are not signed up for "curb to curb" service and route discounts with a SEAT I.D. You **DO NOT** need to go to a physician to sign the application. All you have to do is write "receives services at GCBMRDD" in the physician section and you are automatically eligible. The rest of the information they ask for is for safety, emergency notification, etc. Don't forget guardian signature!



A Health Tip from Nurse Gretchen

As cold and flu season is upon us, please remember that hand washing is the best defense against spread of infection. Hands should be washed with liquid soap under warm water for at least 20 seconds. Wash thoroughly; paying special attention to germs that may be trapped under finger nails and in crevices. Remember that it is the friction of rubbing your hands together that will remove the most germs. Rinse thoroughly to remove all traces of soap. Dry your hand completely with a paper towel and use the paper towel to turn the faucet off. Remember to wash your hands frequently and always before eating and after using the restroom.

FYI- Hepatitis B vaccine is available to any employee who has not yet received the series. Anyone interested or who has questions should call me at ext 33 to set up a time.

Gretchen Ginn, RN



HEARING SET FOR DECEMBER 10



The Guernsey County Board of MR/DD will conduct a public hearing on its annual action plan on Monday, December 10, 2007, at 10:00 am. The hearing will be held in the Golden Rule School conference room.

“The intent of the hearing is to obtain public comment and input on the proposed plan, including annual goals and objectives,” said Superintendent Kellie Brown.

All attending will be allowed to make oral or written comments. Each person presenting oral testimony will have a limitation of fifteen (15) minutes.

During inclement weather, it may be necessary to announce a 2-hour delay or a calamity day. If the weather does not improve, a delay may be changed to a calamity day.

Because we have two programs, Golden Rule School and Guernsey Industries, there may be times when one is open and one is closed. It is best to listen to **WILE/WCMJ** radio stations for the quickest and most up-to-date information. Television stations limit special information on their scrolls and are not as quick to respond as your local radio station. Please listen to the local radio stations and/or watch the following television stations for announcements:

- WTOV-9 Steubenville, OH
- WHIZ-TV Zanesville, OH
- WTRF-TV7 Wheeling, WV
- WBNS-10TV Columbus, OH

A delay manner:

The Golden Rule School & Guernsey Industries is on a two (2) hour delay.

A calamity day will be announced as follows:

The Golden Rule School & Guernsey Industries is closed.

Remember to dress warm for the winter weather. Gloves, scarves, hats, and jackets should be a must. Dressing in layers not only helps keep you warm, it also helps prevent the nasty cold/flu. Make sure to use extra caution when out walking in the cold temperatures. Parking lots and sidewalks can be very slippery or icy this time of year, so be careful!



GUERNSEY COUNTY
BOARD OF MR/DD

60770 Southgate Road
Byesville, OH 43723
Phone- 740-439-4451 Fax- 740-432-7882
Guernsey Industries
60772 Southgate Road
Byesville, OH 43723